

2023-2024 Birth Year Matrix

Birth Year is defined by Jan 1 through Dec 31 of each year. Player may play up a division but never down a division.

	Birth Year															
	Group	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
D	ivision	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
	Player Format	4v4 no GK	4v4 no GK	5v5	5v5	7v7	7v7	9v9	9v9	11v11	11v11	11v11	11v11	11v11	11v11	11v11
F	Max Roster	8	8	10	10	12	12	16	16	22*	22*	22*	22*	22*	22*	22*
В	all Size	3	3	3	3	4	4	4	4	5	5	5	5	5	5	5
0	ength f Half/ alftime	20 min 5 min	20 min 5 min	20 min 5 min	20 min 5 min	25 min 5 min	25 min 5 min	30 min 5 min	30 min 5 min	35 min 5 min	35 min 5 min	40 min 10 min		40 min 10 min		

^{*}U13-U19 teams have up to 22 players on the official roster but limited to no more than 18 players on the sideline at any game.